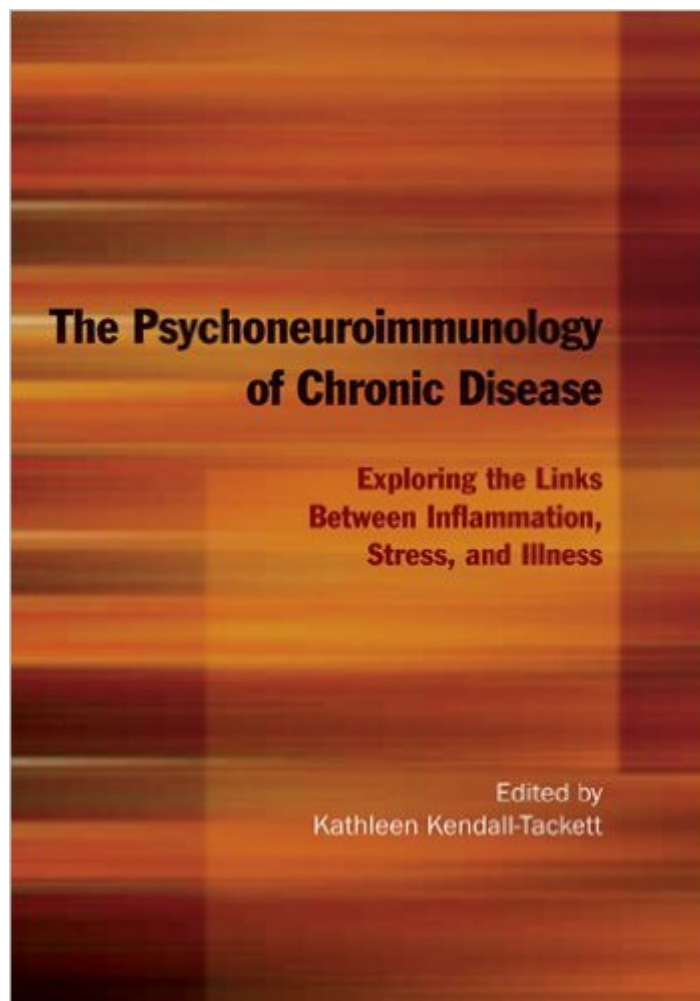


The book was found

# The Psychoneuroimmunology Of Chronic Disease: Exploring The Links Between Inflammation, Stress, And Illness



## Synopsis

Recent years have witnessed considerable growth in the field of psychoneuroimmunology, which describes how psychological factors, such as stress and depression, impact the neurological and immune systems. Kathleen Kendall-Tackett and an elite group of researchers explore the ways physical and psychological stressors such as poor sleep, PTSD, and depression, trigger the inflammatory response and increase the risk of disease. They approach this material from a variety of perspectives. Chapters in Part I describe the biological processes involved in inflammation, focusing on both the typical bodily response to threat as well as on the long-term deleterious effects of stress upon the immune system; while chapters in Part II examine the role of psychosocial stress in disease etiology. Throughout, chapter authors present evidence of connections between mind and body, and emphasize the need for improved communication between physicians and mental health care providers.

## Book Information

Hardcover: 261 pages

Publisher: American Psychological Association (APA); 1 edition (August 1, 2009)

Language: English

ISBN-10: 143380476X

ISBN-13: 978-1433804762

Product Dimensions: 7 x 1 x 10 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #455,583 in Books (See Top 100 in Books) #86 in [Books > Textbooks >](#)

[Medicine & Health Sciences > Medicine > Basic Sciences > Immunology](#) #133 in [Books >](#)

[Medical Books > Psychology > Physiological Aspects](#) #153 in [Books > Medical Books > Basic Sciences > Immunology](#)

## Customer Reviews

Great text by a great researcher. I've had the honor of being in the audience when this woman spoke so it as if I am listen to her words. Her style is comfortable to read. Remember however books are secondary refrence so you will also need to reference the articles that she has. None the less it is a great book to have in your library.

Lot of great information. Definitely directed to medical professionals TOok it to my rheumatologist. It

helped me ask better questions

The person who received this gift stated it was extremely insightful, interesting and helped her to truly understand where research is leading in regards to autoimmune disorders and other types of chronic pain.

[Download to continue reading...](#)

The Psychoneuroimmunology of Chronic Disease: Exploring the Links Between Inflammation, Stress, and Illness  
The Anti-Inflammation Cookbook: The Delicious Way to Reduce Inflammation and Stay Healthy  
In Vivo Models of Inflammation: Volume 1 (Progress in Inflammation Research)  
A First-Rate Madness: Uncovering the Links Between Leadership and Mental Illness  
Chronic Kidney Disease, Dialysis, and Transplantation: A Companion to Brenner and Rector's The Kidney - Expert Consult: Online and Print, 3e (Pereira, ... Disease, Dialysis, and Transplantation)  
Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf War Syndrome  
Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series)  
Introduction to Psychoneuroimmunology, Second Edition  
Chronic Fatigue Syndrome and the Yeast Connection: A Get-Well Guide for People With This Often Misunderstood Illness--And Those Who Care for Them  
Medical And Psychosocial Aspects Of Chronic Illness And Disability  
The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities, Chronic Pain, and Illness  
You Don't Look Sick!: Living Well With Chronic Invisible Illness  
Despite Lupus: How to Live Well with a Chronic Illness  
TRAVELS WITH THE WOLF: A STORY OF CHRONIC ILLNESS (WOMEN & HEALTH C&S PERSPECTIVE)  
Prickly Cactus: Finding Meaning in Chronic Illness  
The Vitamin Cure for Chronic Fatigue Syndrome: How to Prevent and Treat Chronic Fatigue Syndrome Using Safe and Effective Natural Therapies  
Exploring the World of Chemistry: From Ancient Metals to High-Speed Computers (Exploring Series) (Exploring (New Leaf Press))  
Internal Cleansing : Rid Your Body of Toxins to Naturally and Effectively Fight Heart Disease, Chronic Pain, Fatigue, PMS and Menopause Symptoms, and More (Revised 2nd Edition)  
If I Only Had a Brain Injury: A TBI Survivor and Life Coach's Guide to Chronic Fatigue, Concussion, Lyme Disease, Migraine or Other "Medical Mystery" What Your Doctor May Not Tell You About(TM): Autoimmune Disorders: The Revolutionary Drug-free Treatments for Thyroid Disease, Lupus, MS, IBD, Chronic Fatigue, Rheumatoid Arthritis, and Other Diseases

[Dmca](#)